



KNIGHTS OF COLUMBUS BULLETIN

FALLBROOK COUNCIL 7069--DIVISION 5-- DISTRICT 156

August 2026



Brother Knights,

As we enter August, I'm reminded that our strength as Knights comes not only from what we accomplish, but from the faith that guides us. Christ calls us to be men of prayer, charity, service, and courage—living our Catholic faith through the way we serve our families, our parish, our community, and one another.

This month we celebrate the Assumption of the Blessed Virgin Mary. Mary's example reminds us of the importance of saying "yes" to God and trusting where He leads us. I encourage each of us to ask: **Where is God calling me to serve?** Thank you to all of our Brother Knights who continue to give their time and talents. May we continue to grow together in faith, fraternity, and service.

Vivat Jesus!

Adam Nogueira, Grand Knight

2026-2027 ROSTER OF OFFICERS AND DIRECTORS

Grand Knight	Adam Nogueira	1 Year Trustee	Tim Willard
Deputy Grand Knight	Tyler McNeil	2 Year Trustee	Maurice Bernier
Chancellor	Jim Binford	3 Year Trustee	Rick Bernier
Financial Secretary	Gene Simon	Insurance Agent	
Warden	Paul Hertig	District Deputy	Frank Chavez
Recorder	Devin Hurst		
Treasurer	Ken Quigley	Faith Director	Tim Melvin
Advocate	Jeremy Ridgeway	Community Director	
Inside Guard	Rob Helling	Life Director	Mike Sangster
Outside Guard	Curtis Kahle	Family Director	
Chaplin		Membership Director	

CALENDAR OF EVENTS

AUGUST:

5 Wed Officer's Meeting 6pm
12 Wed Social 6pm | Business Meeting 7pm
19 Monthly Meet Up, 6pm | Katy's Diner
21 SPACS Back to School BBQ | 5:30pm
22 & 23 Canned Food Drive – Collections at Mass
26 Wed Potluck Dinner, 6pm | St Peter's Hall
30 Sun Corporate Communion – 8:45am Mass

SEPTEMBER:

2 Wed Officer's Meeting 6pm
9 Wed Social 6pm | Business Meeting 7pm,
16 Monthly Meet Up, 6pm | TBD
19 Barba Fest | St. Peter's Hall 5pm
23 Wed Potluck, 6pm | St Peter's Hall
26 & 27 Canned Food Drive – Collections at Mass



KNIGHTS
OF COLUMBUS®

AUGUST: *Walking with the Heart of Mary*



Let us entrust our families,
our Council, and our mission
to the Immaculate Heart of Mary.

*Our Lady, Mother of the Church,
pray for us.*

August: Walking with the Heart of Mary

August is a month of transition.

For many families, children and grandchildren are heading back to school. Some are packing their bags for college and beginning a new chapter of life. Others may be preparing to move into a new home or community. As summer comes to an end and familiar routines return, August reminds us that change is a constant part of our earthly pilgrimage.

Spiritually, August can also feel like an “in-between” season. Pentecost has passed, and Advent still seems far away. At times, our prayer may feel dry, our enthusiasm may fade, or we may experience what the saints called spiritual desolation—a season when God seems quiet.

Yet Holy Mother Church, in her wisdom, gives us a beautiful guide during this time: the Immaculate Heart of Mary.

Mary’s heart is more than a symbol of affection. It represents a heart completely surrendered to God—a heart that trusted when the future was uncertain and remained faithful through both joy and sorrow. When the Angel Gabriel announced God’s plan, Mary responded with complete trust:

“Behold, I am the handmaid of the Lord. May it be done to me according to your word.” (Luke 1:38)
Those words changed history.

Mary did not know every detail of the road ahead. She knew only that God was asking her to trust Him. Like us, she experienced unexpected changes, difficult journeys, uncertainty, and profound suffering. Yet through it all, she continued to say yes to God.

One of the great Marian feasts we celebrate this month is the Solemnity of the Assumption of the Blessed Virgin Mary. In the Gospel proclaimed that day, Mary visits her cousin Elizabeth, who, filled with the Holy Spirit, proclaims:

“Blessed are you among women, and blessed is the fruit of your womb.” (Luke 1:42)
Mary responds not by drawing attention to herself, but by glorifying God:

“My soul proclaims the greatness of the Lord; my spirit rejoices in God my Savior.” (Luke 1:46–47)
That is the heart of Mary. She always leads us away from herself and toward her Son.

As Knights of Columbus, we strive to be men of charity, unity, and fraternity. We protect our families, serve our parishes, and answer Christ’s call to leadership. But even the strongest men need a mother. Jesus knew this.

As He hung upon the Cross, He entrusted Mary to the beloved disciple, saying:
“Behold, your mother.” (John 19:27)

The Church has always understood these words as extending beyond John to every disciple of Christ. Mary is our spiritual mother, and a mother never stops caring for her children.

So this August, I invite you to intentionally spend more time with Our Lady. Pray a Hail Mary before your feet hit the floor each morning. Pray the Rosary with your wife, your children, or a Brother Knight. Begin a novena. If you have never done so, consider consecrating yourself to Jesus through Mary.

Whatever you choose, come to her.

Mary never keeps anyone for herself. Every prayer, every Rosary, and every act of Marian devotion ultimately leads us closer to her Son, Jesus Christ.

As life changes around us this month, let us anchor ourselves in the Immaculate Heart of Mary. Her heart teaches us to trust when the future is uncertain, persevere when prayer is difficult, and remain faithful when the road is long.

May we echo Mary’s “yes” in our own lives, so that everything we do may lead others closer to her Son. Our Lady, Mother of the Church, pray for us.

Vivat Jesus!
Sergio Almada

Council Meeting – (Wednesday, August 12th 6pm)

Get ready for our next Knights of Columbus Council meeting! We'll have an optional social hour at **6 PM** with food, drinks, and good conversation, and the official meeting begins at **7 PM** sharp. We will be welcoming two new members this month! Please dress in a coat and tie.

Welcome to our new members!!! Steve Callegari, Fransico Sanches, Adam Zeineddine, and Sach Barnes! Let's continue to reach out to men you know would enjoy and benefit from our Catholic, fraternal organization!

Whether you come for the pre-meeting hangout or just the meeting, we look forward to seeing you there!



Monthly Meet-Up for All Knights and Their Families **August 19th Katy's Diner - 6pm | 1415 S Mission Rd, Fallbrook**

Last Knights of Columbus Meet Up at Mariscos El Pacifico was a wonderful evening filled with great food, fellowship, and plenty of laughs. It was a blessing to spend time together strengthening the bonds of brotherhood that make our Council so special. Thank you to everyone who joined us—we truly enjoyed the time together and look forward to seeing you and your families at our upcoming **Meet Up August 19th!** Families are welcome, and we hope you can join us for an evening of fellowship!



Monthly Potluck Dinner

Last month's potluck was a wonderful evening of fellowship—so many friendly faces, great conversations, and an incredible spread of dishes! Thank you to everyone who cooked, baked, and pitched in to make it such a warm, welcoming night for our council and families. It's always a blessing to share a meal together and strengthen our bonds. We're excited to keep the momentum going—can't wait to see you all at this month's potluck!

Knight of the Month – Matt Downey

Congratulations to **Matt Downey**, our August Knight of the Month! Matt has been an integral part of our Council for many years and is always willing to step up and lend a hand. Whether he's making his famous coleslaw for our Lenten Fish Fries, working hard in the kitchen at our annual St. Patrick's Dinner, or supporting the many other events throughout the year, Matt consistently demonstrates the spirit of service and fraternity that represents what it means to be a Knight. **Thank you, Matt, for your dedication to our Council and for all that you do!**

Family of the Month – The Trechter Family

This month, we are honored to recognize Joe and Anna Marie Trechter as our Family of the Month. Joe and Anna Marie have been a cherished part of our Council and parish family for many years, generously giving their time, talents, and hearts in countless ways. They are currently going through a difficult season, and we want them to know that their Brother Knights and parish family are thinking of them, praying for them, and standing beside them. Joe and Anna Marie, we are incredibly grateful for your friendship, your service, and the many ways you have blessed our Council over the years. May God surround you both with His strength, peace, and healing, and may you always know how much you are loved and appreciated.

Vivat Jesus!

Tyler McNeil
Deputy Grand Knight

Supporting St. Peter's School — Knights Needed!

Brother Knights,

A new school year is about to begin at St. Peter's School! This is a wonderful opportunity for our Council to continue supporting **Catholic education and the students, families, and staff of our parish school.**

Brother **Rick Bernier** is coordinating our Council's efforts this year. If you would like to volunteer or have questions about any of the events below, please call or text Rick at **(540) 710-3029**. We will also send follow-up emails with additional details as each event approaches.

Upcoming Opportunities to Serve:

- **August 12 – First Day of School!**
- **August 13 – First Student Mass**
Knights help provide security before, during, and after Mass.
- **August 21 – Back-to-School BBQ | 5:30 PM**
Our Knights will be firing up the grills and cooking for our school families.
- **September 1 – First School Lunch**
Every Tuesday, Knights help grill hamburgers or hot dogs for the students.
- **November 7 – Fall Fundraiser: Monte Carlo Night**
Our Council will once again help by running the bars for this important school fundraiser.

These events are a great way to put our faith into action while supporting the next generation of our Catholic community. **Thank you to all of our Brother Knights who continue to give their time and talents to St. Peter's School!**



June Food Drive (August 22nd & 23rd)

Your continued support truly makes a difference for local families. Last month we collected 114 lbs of food and \$400 in donations. Our **next food drive will take place August 22nd & 23rd**, and we invite everyone to once again come together in the spirit of charity and service to support this important effort.

There are thousands of individuals in our community, 40% of whom are children, who do not have enough food. The Fallbrook Food Pantry has a quote on their publications that reads: "When you're hungry, nothing else matters." Jesus has said "when you give to the least among you, you give to me."

Please bring non-perishable food items to the church the 4th weekend of every month. The Food Pantry also appreciates donations of cash, and a donation box will also be available for those who wish to make a financial contribution. Thank you for your support of this crucial effort.



GET READY FOR A SIZZLING
KNIGHTS OF COLUMBUS

BBQ BARBAFEST

A PARISH WIDE FUNDRAISER

We are not just firing up the grill we are crafting a true BBQ feast. Join us for a mouthwatering lineup of **smoked tri-tip, chicken, ribs, and more** just to name a few. This is a **true BBQ experience** slow-cooked to perfection bursting with flavor so leave the basic burgers behind.

SEPTEMBER 19TH
in our
ST PETER'S SQUARE

KNIGHTS OF COLUMBUS
IN SERVICE TO ONE.
IN SERVICE TO ALL.

HERE'S WHAT WE NEED:

- BBQ ENTHUSIASTS (THE COOKING KIND) AND GENERAL VOLUNTEERS

WE ARE ALSO ASKING FOR DONATIONS OF:

- POTATO SALAD
- MACARONI SALAD
- CORN ON THE COBB
- BEANS
- DRINKS
- DESSERTS

Stay tuned FOR THE EXACT DATE AND TIME.

WE WILL PROVIDE FULL DETAILS SOON, INCLUDING PRICING, WHICH IS STILL BEING FINALIZED.

IF YOU WOULD LIKE TO VOLUNTEER OR CONTRIBUTE, PLEASE CONTACT JEREMY RIDGEWAY (760)216-2776

Let's make this a
BBQ TO REMEMBER!

Knights of Columbus Barbafest – September 19th

Get ready for a sizzling Knights of Columbus BBQ fundraiser this September 19th, in our St Peter's Square.

We are not just firing up the grill we are crafting a true BBQ feast. Join us for a mouthwatering lineup of smoked tri-tip, chicken, ribs, and more just to name a few. This is a true BBQ experience slow-cooked to perfection bursting with flavor so leave the basic burgers behind.

Here's what we need:

BBQ enthusiasts(the cooking kind) and general volunteers were also asking for donations of potato salad, Macaroni Salad, corn on the Cobb, beans, drinks & desserts.

Stay tuned for the exact date and time.

We will provide full details soon, including pricing, which is still being finalized.

If you would like to volunteer or contribute, **please contact Jeremy Ridgeway (760)216-2776.**

Let's make this a BBQ to remember!

St. Peter's Men's Retreat

Men's Retreat – A Great Success!

Our recent **Men's Retreat** was a **tremendous success**, with more than 50 men coming together for a meaningful day of faith, fellowship, and brotherhood. We were blessed with inspiring speakers, great food, and the opportunity to step away from the busyness of everyday life and strengthen our relationship with Christ and one another. A special thank you to everyone who helped organize, volunteer, and make the retreat possible. We are excited to announce that the Men's Retreat will be returning **next year**, and we are already looking forward to another great gathering of Catholic men growing together in faith!

Good of the Order Drawing for August

Make sure you attend our Counsel Meeting on Wednesday, July 8th at 7pm at the Parish Hall to win this month's good of the order drawing!

Welfare Committee

Brother Tim Melvin has volunteered to head this committee in hopes of bringing more support to those Knights in the area whom we have not seen recently. A phone conversation is a good start but going to someone's home and spending time with them, knee to knee, is truly what we are about. If you know of a brother Knight that is in need or distress please contact our Tim Melvin 805-796-0550 or our Grand Knight Adam Nogueira 760-535-5387 so that we can help!

We Need Email Info for Widows

If you have the email contact for any of our widows, please send it to the Grand Knight so that he can build a contact list and ensure our widows have our bulletin so they're able to attend our events. Call or Text Adam Nogueira at (760)535-5387

Birthdays (August)

Happy Birthday!

Due to an unexpected technical issue with our membership system, we were unfortunately unable to retrieve this month's birthday list for publication in the bulletin. We sincerely apologize for the inconvenience. If you are celebrating a birthday this month, please know that your Brothers of Council 7069 wish you a very **Happy Birthday!** May God bless you with good health, abundant joy, and many blessings throughout the coming year. Have a wonderful celebration!

Prayer List

Please keep in your prayers the members and their families who are sick or in distress. Please pray for Daryl Suzukawa, Bruce Bevans, Carol Carper, Jan Bruno, Joe and Anne Marie Trechter, Les and Barbara Von Nordheim, John Hersh, Charlotte Price, Nancy Brown, Father Bob, Peter Berens, Jim Christianson, Myrna Binford, Cathy Krajewski, Jonathan Diza, Barry & Winnie Pavlovich, Linda Hyack, Carolyn LaFave, Jeff

Reyes, Imelda Roth, Lelani Pedro, Bill Byrne, Matt Scherer, Julie Bernier, Carry Bergantine, Janet & Francis Ridgeway, Carrie Egan, Richard Hardy, Maurine Carper-Mitzner, Marie & Anaunce Pierre-Paul, Falcia Hurst, Dave Sheppard, Mike Socha, Julie Miller,

**If you know of someone in need of prayers, please call our
Grand Knight, Brother Adam Nogueira 760-535-5387**
